

CORONAVIRUS DISEASE (COVID-19) RELIEF TIP SHEET

The pandemic has put millions of people out of work, forced painful sacrifices and put many in the position of needing help they never imagined would be necessary. See links below to connect you with information about government benefits, free services and financial strategies to get you through this crisis.

Unemployment Insurance

<https://www.nytimes.com/article/coronavirus-money-unemployment.html#link-2f8736c0>

Paid Sick Leave and Family Leave

<https://www.nytimes.com/article/coronavirus-money-unemployment.html#link-4ccc30a7>

Food Assistance

<https://www.nytimes.com/article/coronavirus-money-unemployment.html#link-3c2140bc>

Mortgage Relief

<https://www.nytimes.com/article/coronavirus-money-unemployment.html#link-39bfe27a>

Rent Relief

<https://www.nytimes.com/article/coronavirus-money-unemployment.html#link-1da1a7c4>

Health Insurance

<https://www.nytimes.com/article/coronavirus-money-unemployment.html#link-74e96196>

Credit Cards and Auto Loans

<https://www.nytimes.com/article/coronavirus-money-unemployment.html#link-75bcf9dc>

Mental Health

<https://www.nytimes.com/article/coronavirus-money-unemployment.html#link-49737032>

More Helpful Advice

<https://www.nytimes.com/article/coronavirus-money-unemployment.html#link-16f012f2>

